

Summer Camp 2025



CIPVOLEI SUMMER CAMP #8

Rome's first volleyball camp nia

BRASOV 13-19.07.2025 *PITESTI* 21-26.07.2025

Clubul Sportiv

VOLLEYBALL TEAM 2019

CIPVOLEI SUMMER CAMP #8

CIPVOLEI Summer Camp

The CIPVolei Summer Camp is aimed at sportsmen and sportswomen aged between the ages of 8 and 21 who want to improve their game, regardless of their level.

The players will deepen the technical elements in a unified way through a mix of exercises and games.

The programme includes

Daily training - 2 sessions

- Training in the gym
- Exclusive arena with multiple playing fields
- Personalized programs, more hours of field work, physical training and multimedia support for next season

Technical assessment



Workouts designed to improve all skills The program will offer diversified training sessions depending on position (lifter, libero, centre, false, second) Gender, education and age homogeneous groups

The program includes



Master Coaching

For athletes who have participated in national competitions at the cadet/junior level, an intensive training program, similar to the training of the senior teams!

The programme includes



Sports training: "From Failure to Performance"



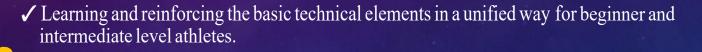
by Oana Cuesdeanu Psychotherapist & Trainer

Individual training

Daily 30-minute training sessions: in groups of maximum 5 athletes

Players who opt in will get specific training with super-qualified coaches who will be focused throughout the Camp on correcting, developing and deepening all the essential and correct techniques.

CAMP OBJECTIVES



- This program emphasizes unit training, field positioning, age and training level specific physical preparation.
- Emphasis is placed on learning the fundamentals of the game in a unified and correct way to provide a solid base for the athlete to use in future competitions.

CAMP OBJECTIVES

It offers much-needed personal development programs to help young players aged 8-21 progress.

- Create the opportunity to participate with other Romanian and foreign athletes in developing volleyball skills and knowledge.
- ✓ Develop and educate volleyball coaches and players and enable them to opportunities to train/play at a higher level.
- ✓ Our wish is that every participant has an enjoyable experience during the camp.

STAFF S

- **CIPVOLEI SUMMER CAMP** prides itself on its talented, skilled, dedicated and friendly professional coaching staff. Strong coaches will produce a safe and positive environment for your athletes to achieve and exceed athletic and personal goals.
- We will have surprise guests and renowned coaches from Italy, Germany, the Netherlands, and Romania.
- \checkmark They will personally lead all training and technical development sessions.
- ✓ As for the sport, our coaches are former or current professional players, current coaches or individuals with a high level of specific sporting ability who understand and apply the latest training methods.
- ✓ Our coaches love working with young people because they can help to positively influence young people by building self-esteem, confidence and skills and building social links with other participants.
- ✓ The coaches also have a valid declaration of no-objection and coaching license from their national federation.

STAFF S

DÂRNESCU CIPRIAN DÂRNESCU- Coach CSM Corona Brasov, A1 Division RomaniaMASSIMO DAGIONI- Coach Group Monza, Asystel Milano- Superliga ItaliaLUUK JOTHMANN- Coach Volley Tilburg (Ladies) - Topdivision The Netherlands

GIANDOMENICO DALU ADRIE NOIJ ONNO RIJKERS

OANA CUEȘDEANU

PĂTRAN RĂZVAN BĂLULLULESCU CRISTIAN BĂLHĂCEANU FLORIN STEFAN HERMANN Coach Time Out Volley Olbia (Italy B1)
Coach several teams in The Netherlands
Coach several teams in The Netherlands

- Psychotherapist

Coach Bravol Brasov
Trainer CSS Bega Timisoara
Trainer LPS Brasov
Trainer Germany



PARTICIPATION FEE



PACK 1

3300 RON

- 7 Days/ 6 nights accommodation with board included
- Camp activities:
 - 2 training sessions/day
 - psychotherapy sessions
 - tours
 - Party by DJ FLOW
- Surprise guests
- *3 personalized training outfits*
- Personalized *photo/video*
- DOES NOT INCLUDE TRANSPORT TO BRASOV/PITESTI
- Does not include individual training
- EARLY BIRD PACKAGE 3000 RON If you register until 01.04.2025

PACK 2

2 000 RON

- *camp activities*
- 2 training sessions/day
 - psychotherapy sessions
 - tours
 - Party by DJ FLOW
- Surprise guests
- *3 personalized training outfits*
- Personalized *photo/video*
- DOES NOT INCLUDE TRANSPORT TO BRASOV/PITESTI
- Does not include individual training

FURTHER TRAINING COURSE

CIPVOLEI SUMMER CAMP is accredited by the Romanian Volleyball Federation

The advanced training course (theoretical and methodical-practical) is for Romanian trainers and will be led by the following lecturers:

BOGDAN TĂNASE:

FIVB Lecturer, coach Dinamo Bucharest, for U17, U19 and U21 coaches

> MASSIMO DAGIONI:

Professor at the University of Rome - for U17 and U19 coaches

ADRIE NOIJ:

Founder and Father" of the "Circulation Minivolley" (CMV) system - for U13 and U15 coaches

Themes and program will be announced later.



S REGISTRATION

Don't wait! Registration is OPEN, and spots are already filling up. Secure your place and be part of this unforgettable experience.

Register now via this button



Let's make this summer one to remember! See you on the court!



SPORTS CLUB CIPVOLEI-ASSOCIATION

RO33 RNCB0188 1664 2057 0001 Swiftcode: RNCBROBU



ADDITIONAL ACTIVITIES

- INDIVIDUAL AN INDIVIDUAL PACKAGE 500 ron
- Additional training, daily, minimum 30 minutes in groups of up to 5 athletes, under the guidance and supervision of coaches:
- Massimo Dagioni
- Luuk Jothmann
- Giandomenico Dalu
- Ciprian Darnescu







Ciprian Dârnescu

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Clubul Sportiv CIPVOLE